

# Musings and Reflections



The middle of September may seem an odd time to talk about beginnings...

but with the start of school and university, with the Jewish Rosh Hashanah, the 'head of the year,' and with Ramadan, which marks the beginning of the revelation of the Qur'an to the Prophet Mohammad, perhaps it's a natural time to think about beginnings.

It's also a time for thinking about fulfillment, and about promises made and, we hope, kept. The summer crops (those that weren't washed out by the torrential rains and floods) are coming into ripeness, and trees are beginning their time of glorious color, when the summer sunlight gets transformed into 'wine for the eyes.'

I'm always excited by autumn, and by richness of summer's promises coming to fruit and light. I want to run, not walk, to my library, my community center – what classes are they offering? what new groups are forming? what's new for my family and my friends?

I consider the possibility of final diving in and learning how to do wheel-thrown pottery; perhaps I'll learn some German; maybe I'll finally volunteer to teach embroidery. What excites you?

Take some time to ponder where your beginnings might be, this autumn; and where your promises have been and are being fulfilled. What talents and abilities do you have that you've always meant to give voice to? What gifts do you have that the people around you would be helped by? Within all the noise and busy-ness of life today, where is your quiet time? Where can you be a source of quiet for others?

Our wish for you at this time of completion and beginning is that your life is enriched with new opportunities – for family life, for personal development, for employment, for learning, for growth, for peace.

The Personal Essentials Pantry